

Nonesterified fatty acid exposure activates protective and mitogenic pathways in vascular smooth muscle cells by alternate signaling pathways

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Abstract

Vascular smooth muscle cells (VSMC) are dynamic cells exposed to fluctuating concentrations of nutrients on a daily basis. Nonesterified fatty acids (NEFA) have been indicted as potential mediators of atherosclerosis and exaggerated VSMC remodeling observed in diabetes, and in vitro data support a model of VSMC activation by NEFA. However, recent observations suggest that metabolic stressors such as oxidants and NEFA may also simultaneously induce cytoprotective events as part of a homeostatic “off switch.” Our group has established that the transcription factor cyclic adenosine monophosphate response element binding protein (CREB) is important for maintenance of VSMC quiescence, differentiation, and survival. We therefore examined whether acute physiologic NEFA exposure would regulate CREB in primary cultures of bovine aortic VSMC and explored the relationship between signaling to the cytoprotective CREB and the activating mitogen-activated protein kinase pathways. In vitro exposure of VSMC to 3 classes of unsaturated NEFA leads to significant acute, transient, dose-dependent, and repeatedly inducible CREB activation. As expected, extracellular signal-regulated kinase, P38 mitogen-activated protein kinase, Akt, Jun N-terminal kinase, and protein kinase C (PKC) pathways are also activated by NEFA. Using a battery of pharmacologic inhibitors and antioxidants, we demonstrate that CREB activation is mediated by a novel PKC isoform and is reactive oxygen species independent, whereas extracellular signal-regulated kinase activation, in contrast, is mediated by reactive oxygen species and is PKC independent. These data suggest parallel and mechanistically distinct stimulation of separate stabilizing and activating pathways in VSMC response to acute NEFA-mediated stress. Furthermore, the down-regulation of CREB in models of chronic metabolic stress reported in the literature would be expected to disrupt this homeostasis and shift the balance toward VSMC activation, consistent with emerging models of atherosclerosis.

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1. Introduction

Vascular smooth muscle cells (VSMC) are dynamic cells exposed to fluctuating concentrations of nutrients on a daily basis. These cells exhibit phenotypic modulation that permits active response to the local environment. Although the switch from a highly differentiated quiescent, contractile phenotype to the “active,” proliferative, migratory phenotype is important in response to injurious stimuli, it also plays a key role in the pathology of atherosclerosis [1]. Proliferation and migration of VSMC are important events in the formation of atherosclerotic plaque, whereas apoptosis plays a role in the plaque instability and rupture associated

with acute coronary syndromes [2]. Thus, the choice between VSMC activation and differentiation must be carefully and constantly regulated.

Nonesterified fatty acids (NEFA) have been indicted by epidemiologic studies as potential mediators of the atherosclerosis and exaggerated VSMC remodeling observed in diabetes and metabolic syndrome [3]. Multiple reports in the literature demonstrate that NEFA can induce VSMC proliferation, migration, and apoptosis in vitro [4–9]. Increases in reactive oxygen species (ROS), activation of protein kinase C (PKC) and mitogen-activated protein kinase/extracellular signal-regulated kinase (MAPK/ERK), and increases in diacyl glycerol levels have all been demonstrated and proposed to contribute to VSMC activation with fatty acid exposure. However, recent observations suggest that metabolic stressors such as oxidants and NEFA may also simultaneously induce antioxidant cytoprotective

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events as part of a homeostatic “off switch.” For instance, addition of NEFA to growth medium has been shown to protect endothelial cells from the cytotoxic effects of hydrogen peroxide–generated oxidative stress [10]. Others have demonstrated similar protection of rat hepatocytes and found concurrent increases in manganese superoxide dismutase [11]. In general, induction of cytoprotective antioxidant pathways by NEFA or their oxidation products has been demonstrated in a variety of cell types, including VSMC [12–16]. Furthermore, VSMC lacking manganese superoxide dismutase exhibit increased MAPK signaling and an exaggerated proliferative response to thrombin [17]. Thus, the net result of VSMC exposure to NEFA is likely to be a critically regulated balance between induction of separate activating (mitogenic, promigratory, and apoptotic) and cytoprotective (antioxidant, differentiating, and prosurvival) pathways.

Our group has demonstrated that the transcription factor cyclic adenosine monophosphate response element binding protein (CREB) is important for maintenance of VSMC quiescence and differentiation and for survival of many differentiated cell types, including VSMC [18–23]. Furthermore, under conditions of chronic metabolic stress, such as hyperglycemia, cytokine exposure, hydrogen peroxide exposure, and hypoxia, CREB function is acutely increased (a presumed cytoprotective response) and then chronically down-regulated (a presumed pathologic response) in VSMC culture and in vivo [24–28]. The response of VSMC CREB to NEFA exposure has not been investigated. We therefore examined whether NEFA would regulate CREB in primary culture bovine aortic VSMC (BoASMC) and explored the relationship between signaling to CREB vs activation of the MAPK pathways.

We report the novel observation that all major classes of unsaturated NEFA acutely and transiently stimulate (ie, phosphorylate) CREB in VSMC. In contrast to the NEFA-mediated phosphorylation of ERK, an established mitogenic signal, CREB phosphorylation is independent of ROS/ERK and dependent upon PKC.

2. Materials and methods

2.1. Materials

Fatty acid–free bovine serum albumin (BSA) and all fatty acids are from Sigma (St Louis, MO). Antibodies to CREB, PCREB, P38 MAPK, pP38 MAPK, ERK, pERK, Jun N-terminal kinase (JNK), pJNK, Akt, and pAkt are from Cell Signaling (Danvers, MA). The PCREB enzyme-linked immunosorbent assay (ELISA) assay was purchased from Invitrogen Biosource (Carlsbad, CA). Bisindolyl maleimide (BIS) is from Calbiochem (San Diego, CA), and *N*-acetyl cysteine is purchased from Sigma. Other kinase inhibitors (H89, Go6976, hexahydroxy-biphenyl-dimethanoldimethylether [HBDDE], and rottlerin) were purchased from BIOMOL Research Laboratories (Plymouth Meeting, PA). Fetal bovine serum, glutamine, and penicillin/streptomycin

were purchased from Gemini Bio Products (Sacramento, CA). Minimal essential Eagle medium and all other reagents were purchased from Sigma.

2.2. NEFA preparation

Nonesterified fatty acids are prepared as 10 mmol/L stock solutions in phosphate-buffered saline (PBS) with 10% fatty acid–free BSA. Unsaturated fatty acids are liquid at room temperature and are directly added to prewarmed PBS with 10% fatty acid–free BSA. Bovine serum albumin is used because NEFA exist in vivo complexed with serum albumin. Solutions are prepared fresh and stored for up to 1 week at -20°C .

2.3. VSMC culture

Experiments were performed in BoASMC. These primary culture cells are prepared at this institution from fresh bovine aortic arches as previously described [29]. Cultures are propagated and maintained in modified Eagle medium (MEM) supplemented with 200 U/mL penicillin, 0.2 mg/mL streptomycin, and 10% fetal bovine serum (FBS) as described by this laboratory [25]. For low serum conditions, cells were transferred to supplemented MEM with 0.1% FBS.

2.4. Inhibitor and NEFA treatment

For experiments, BoASMC are seeded at 1.5 to 3×10^5 cells per well on 6-well plates and incubated overnight at 37°C under 5% CO_2 . Cells are then transferred to 2 mL per well MEM with 0.1% FBS and incubated for 48 to 72 hours to allow cells to become quiescent and differentiated. Inhibitors are added for 30-minute pretreatment before NEFA addition at the following concentrations: 1 or 4 $\mu\text{mol/L}$ BIS, 30 $\mu\text{mol/L}$ HBDDE, 10 $\mu\text{mol/L}$ Go6976, 10 $\mu\text{mol/L}$ rottlerin, 10 $\mu\text{mol/L}$ H89, and 30 mmol/L *N*-acetyl cysteine (NAC). Nonesterified fatty acids, prepared at 10 mmol/L in prewarmed PBS with 10% BSA, are then added at the indicated concentrations for the indicated times with or without additional BSA to bring the total concentration of BSA to 0.8 mg/dL (approximate physiologic concentration in interstitial fluid [30]). At the appropriate times, medium is removed; and cells are washed twice with ice-cold PBS and harvested by scraping in 100 μL of $1\times$ Laemmli sample buffer. Extracts are then sonicated briefly to decrease viscosity, boiled, spun, and stored at -20°C .

2.5. Western blot analysis

Equal protein samples are fractionated on 12% sodium dodecyl sulfate (SDS)–polyacrylamide gels. Proteins are electrophoretically transferred to nylon membranes, and equivalence of protein loading is assessed by Ponceau stain. Membranes are blocked with Tris-buffered saline with Tween 20 with 5% milk and probed overnight at 4°C with the appropriate protein-specific primary antisera in PBS with 5% BSA. Immunologically identified proteins are

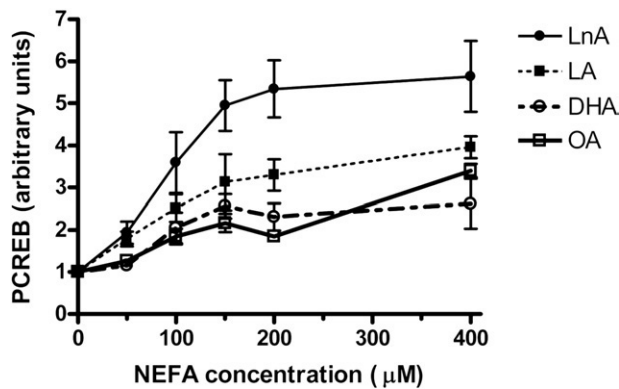


Fig. 1. Nonesterified fatty acids exhibit dose-dependent stimulation of CREB phosphorylation. Fifty percent confluent BoASMC were transferred to Dulbecco MEM (DMEM)/0.1% FBS for 48 hours and then exposed to varying concentrations of OA, LA, LnA, or DHA for 20 minutes. Extracts were prepared either in nondenaturing mammalian cell lysis buffer with protease and phosphatase inhibitors for analysis by PCREB ELISA or in denaturing sample buffer for analysis by immunoblot with anti-PCREB antibodies. In all cases, samples with equal total protein were subjected to analysis. Results are combined from 2 to 3 separate experiments and plotted as a ratio of NEFA-stimulated to untreated control PCREB concentration.

recognized using alkaline phosphatase-conjugated species-specific immunoglobulin G and CDP-Star Enhanced Chemiluminescence (New England Biolabs, Beverly, MA). Autoradiographic results are quantified densitometrically using the Fluor-S MultiImager and Quantity One software (Bio-Rad, Hercules, CA).

2.6. Statistical analysis

Results are represented as mean \pm SEM. The GraphPad PRISM software (GraphPad Software, LaJolla, CA) was used for statistical analysis. Multiple group comparisons were done by 1-way analysis of variance followed by Dunnett posttest to determine differences between individual time points and controls.

3. Results

3.1. NEFA induce a dose-dependent increase in CREB phosphorylation

As NEFA elevation is one aspect of the metabolic stress of diabetes that has been shown to have cytotoxic and activating effects on VSMC, we investigated whether exposure of BoASMC to physiologic levels of NEFA of different classes affected the phosphorylation state of CREB. Oleic (OA) and linoleic (LA) acids are the most studied and the most abundant monounsaturated fatty acid and omega-6 polyunsaturated fatty acid (PUFA), respectively [31]. The most abundant plant and cold-water fish n-3-PUFAs are α -linolenic acid (LnA) and docosahexaenoic acid (DHA), respectively. Treatment of quiescent, serum-starved BoASMC with each of these NEFA, complexed with BSA to reproduce the physiologic albumin complex, results in a rapid dose-dependent increase in CREB phosphorylation (Fig. 1). The exact dose dependence varies with different

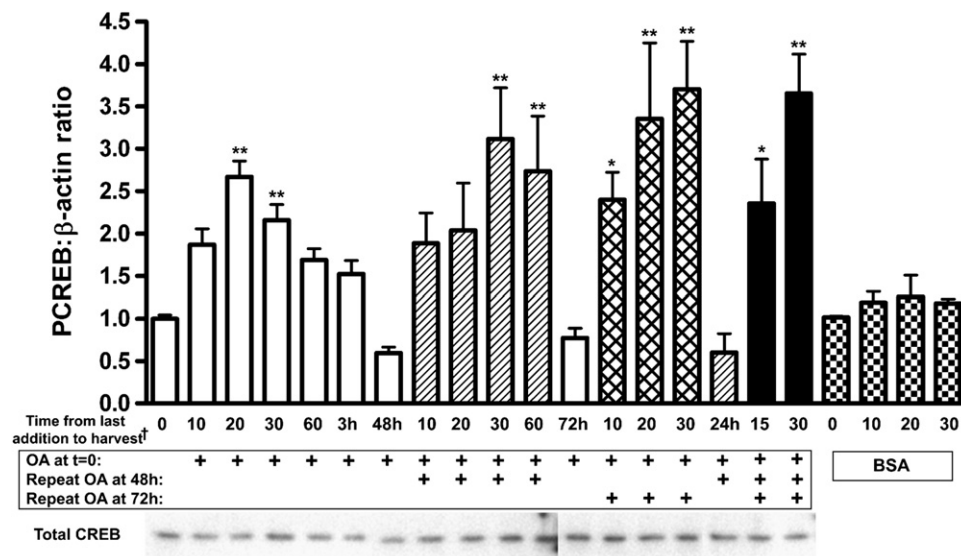


Fig. 2. Oleic acid induction of CREB phosphorylation is acute, transient, and increased on repetitive stimulation. Fifty percent confluent BoASMC were made quiescent for 48 hours in DMEM with 0.1% FBS and then exposed to 150 μ M/L OA for the times indicated (in minutes except where indicated). Oleic acid was added once at time 0 (white bars); twice at times 0 and 48 hours (diagonal stripes); twice at times 0 and 72 hours (crosshatched); or 3 times at times 0, 48, and 72 hours (black). For the control time course, BSA was added at the same concentration as in OA additions (checkered bars). Extracts were prepared either in mammalian cell lysis buffer and analyzed by PCREB ELISA or in denaturing sample buffer and analyzed by immunoblot as in Fig. 1. Plots are combined from 2 (multiple NEFA exposures) to 4 (single exposure) independent experiments. Total CREB protein is shown in the representative blots below the graph. [†]Time from last OA addition to harvest in minutes except where indicated by an "h" for hours; * P < .05 vs untreated; ** P < .01 vs untreated. Direct comparison of peak values for each acute OA exposure shows no significant difference (P = .38).

NEFA and different NEFA batches, but LnA is generally the most potent activator of CREB. Results shown are in the presence of low concentrations of BSA contributed by the NEFA solutions only. Similar results are seen when additional BSA is added to bring the total albumin level to the lower end of presumed physiologic levels in interstitial fluid of 0.8 to 1.0 mg/dL (about 20% of normal serum albumin [30]). However, at this high albumin level, basal CREB activation is increased, presumably by contaminating activating serum components, thus blunting the CREB response to NEFA (data not shown).

3.2. NEFA stimulation of CREB phosphorylation is acute, transient, and increases with repetitive exposure

Time courses of NEFA activation of CREB at the high physiologic concentration of 150 $\mu\text{mol/L}$ reveal a rapid, transient, 2- to 4-fold stimulation of CREB phosphorylation with a peak at 20 minutes and a return to basal or subbasal

levels within 3 to 24 hours (OA, Fig. 2; LA, OA, LnA short time course, Fig. 4). All NEFA tested had a similar time course at this concentration, with minor, nonsignificant variations in amplitude and duration of activation. Repeated exposures to OA, mimicking repeated elevations of NEFA with normal feeding and fasting cycles, induced repeated elevations of PCREB, with an apparent trend toward a greater amplitude and longer duration of activation. Throughout the time course, total CREB protein levels remained unchanged (Fig. 2, Western blot). Addition of equal volumes of PBS with 10% BSA alone did not induce CREB activation (Fig. 2, checkered bars).

3.3. NEFA activate multiple intracellular signaling pathways in VSMC

Multiple pathways including PI3K, ERK, and PKC have been implicated in phenotypic modulation in VSMC in response to different stimuli [8,31,32]. Other pathways

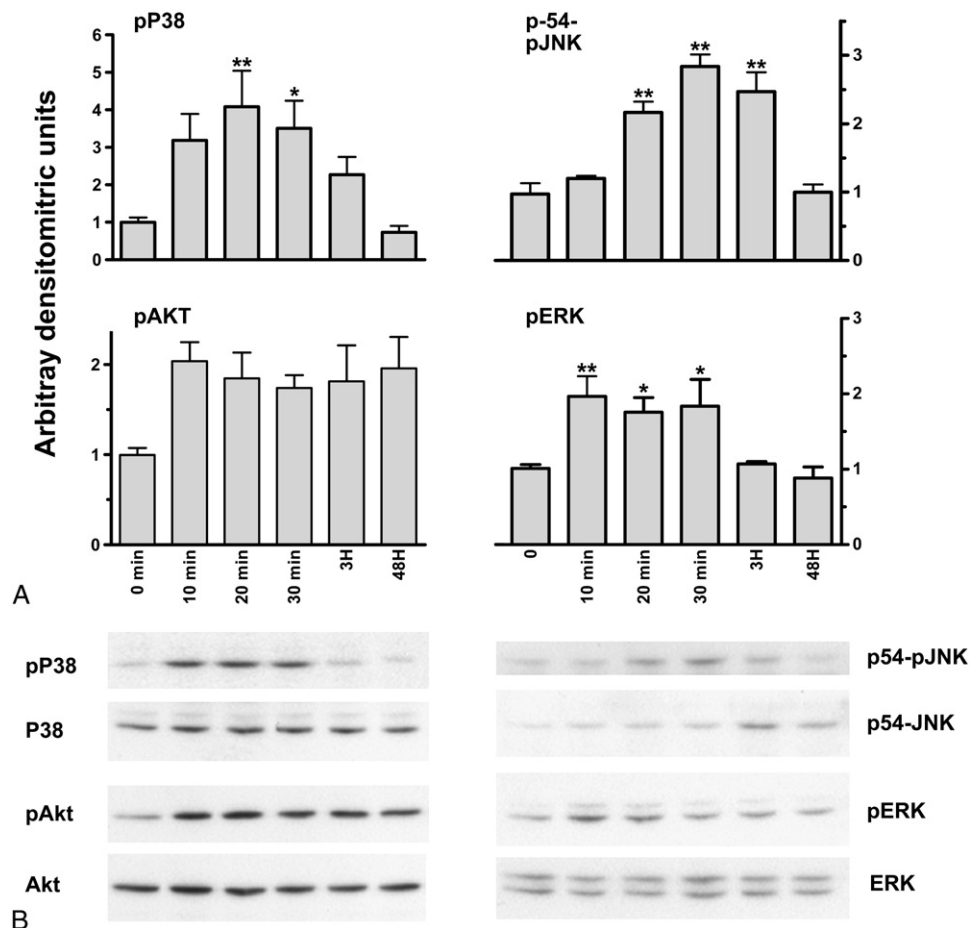


Fig. 3. Nonesterified fatty acids induce acute, transient activation of multiple intracellular signaling pathways. Fifty percent confluent BoASMC were made quiescent for 48 hours in DMEM with 0.1% FBS and then exposed to 150 $\mu\text{mol/L}$ OA for the times indicated. Extracts were prepared in denaturing sample buffer; and equal protein samples were subjected to SDS–polyacrylamide gel electrophoresis (PAGE) and Western blot analysis with antibodies to phosphorylated and unphosphorylated forms of p38, ERK, JNK, and Akt. A, Films were scanned; values were normalized to $T_0 = 1$ and plotted. B, Representative Western blots of both the phosphorylated and unphosphorylated forms are shown. * $P < .05$ vs untreated; ** $P < .01$ vs untreated. P value for trend = .003, < .0001, .267, and .003 for pP38, pJNK, pAkt, and pERK, respectively.

including P38 MAPK and JNK have been implicated in control of apoptosis [33,34]. We investigated the effects of the 3 classes of unsaturated NEFA on these intracellular signaling pathways. Exposure to all 3 classes of unsaturated NEFA at physiologic concentrations of 75 to 150 $\mu\text{mol/L}$ induces rapid, acute, and transient activation of P38, ERK, and JNK MAPK and a trend toward activation of the PI3K substrate Akt. For simplicity, only OA is shown, as all 4 NEFA induce virtually identical activation (Fig. 3). During this time course, total levels of ERK, P38, Akt, and JNK protein remain constant, with the exception of a small increase in total JNK at 3 hours (Fig. 3B). Phosphorylation returns to control levels within 3 to 24 hours for P38 MAPK, ERK, and JNK. In contrast, Akt appears to remain persistently phosphorylated after initial exposure to NEFA.

3.4. NEFA-mediated activation of CREB and ERK occurs by divergent pathways

Oxidative stress, PKC, and ERK have all been implicated in the phenotypic activation of VSMC in response to NEFA [6,8,32]. We set out to determine whether CREB and ERK

activation by NEFA are mediated by the same pathway. We used a panel of pharmacologic inhibitors of signaling pathways and an antioxidant to address this question. Fig. 4 illustrates the effect on CREB and ERK activation of exposure to 150 $\mu\text{mol/L}$ OA, LA, or LnA in the presence and absence of a generic PKC inhibitor (4 $\mu\text{mol/L}$ BIS, aka GF109203X) and the antioxidant NAc (30 mmol/L). The NEFA-induced phosphorylation of CREB is largely blocked by generic PKC inhibition and unaffected by antioxidant. In contrast, ERK activation is variably stimulated by PKC inhibition and completely blocked by NAc. These data suggest that separate signaling events contribute to CREB and ERK activation.

3.5. NEFA-mediated activation of CREB is mediated by a “novel” PKC isoform

The identity of the primary CREB activating kinase was further investigated using a panel of isoform-specific pharmacologic kinase inhibitors: HBDDE (PKC α and γ), Go6976 (PKC α and β), and rottlerin (PKC δ), as well as BIS at 1 $\mu\text{mol/L}$, a concentration reported to inhibit conventional (α and β) and novel (δ , ϵ , η , θ , or μ), but not atypical (τ , λ ,

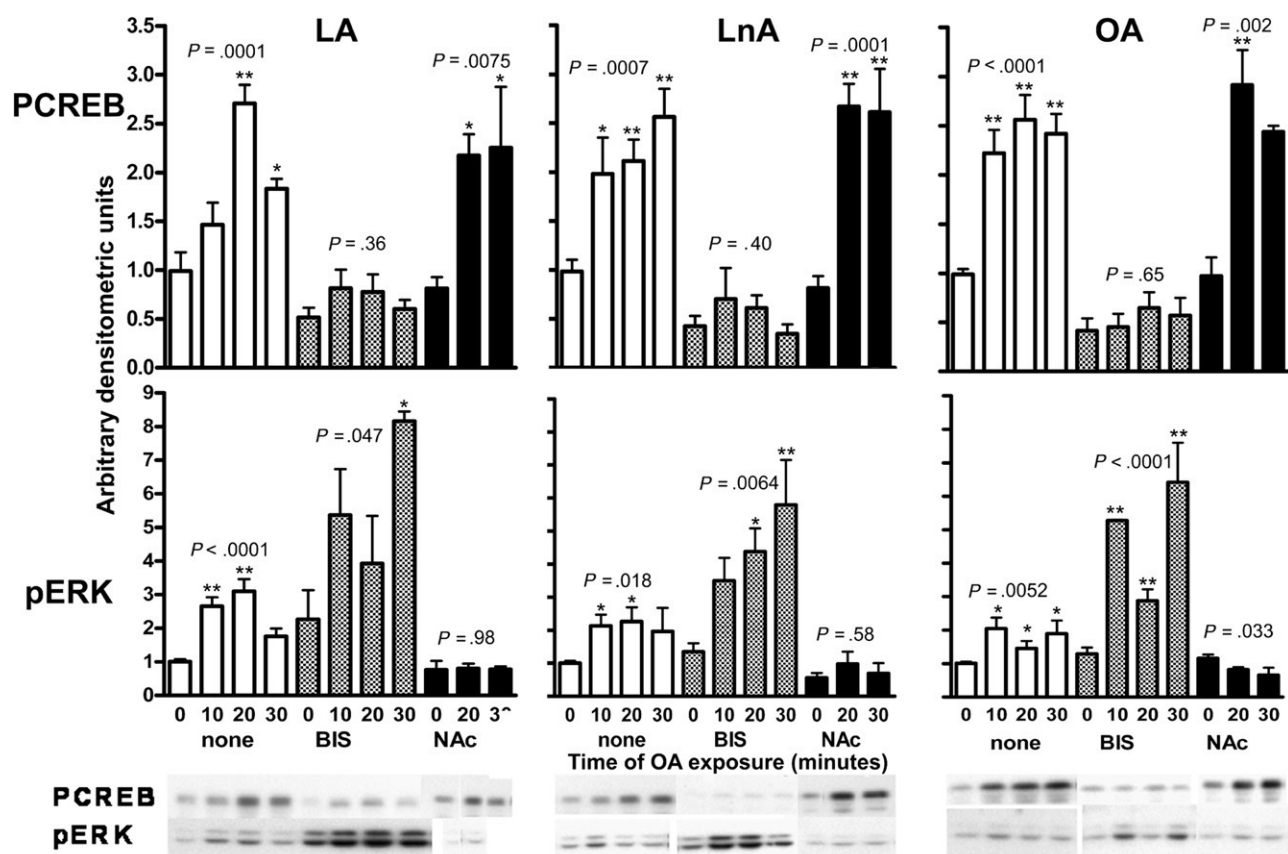


Fig. 4. Cyclic adenosine monophosphate response element binding protein and ERK activation upon NEFA exposure is mediated by different signaling pathways. Fifty percent confluent BoASMC were made quiescent for 48 hours in DMEM with 0.1% FBS; pretreated for 30 minutes with no inhibitor (white), 4 $\mu\text{mol/L}$ BIS (crosshatched), or 30 mmol/L NAc (black); and then exposed to 150 $\mu\text{mol/L}$ LA (left panels), LnA (central panels), or OA (right panels) for the times indicated. Extracts were prepared in denaturing sample buffer, and equal protein samples were subjected to SDS-PAGE and Western blot analysis with antibodies to PCREB (top panels) and pERK (bottom panels). Blots were developed and quantitated as in Fig. 3. Representative blots are shown below the graphs. * $P < .05$, ** $P < .01$ vs matched no NEFA sample. P values for the trend in each series are shown. [†]Thirty-minute time point was omitted from trend analysis because of large variance.

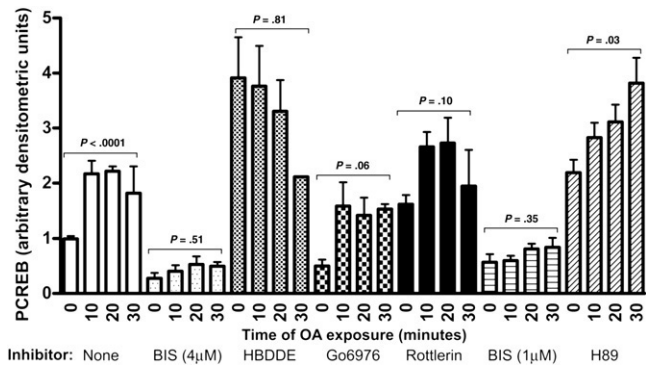


Fig. 5. The NEFA-mediated CREB activation is independent of typical PKC isoforms. Fifty percent confluent BoASMC were made quiescent for 48 hours in DMEM with 0.1% FBS, pretreated for 30 minutes without inhibitor (white bars) or with the indicated inhibitor, and then exposed to 150 $\mu\text{mol/L}$ OA for the times indicated. Extracts were prepared in denaturing sample buffer, and equal protein samples were subjected to SDS-PAGE and Western blot analysis with antibodies to PCREB. Blots were developed and quantitated as in Fig. 3. *P* values for the trend in each series are shown.

and ζ) PKC isoforms or PKA. To further address concerns that BIS may also exert some PKA inhibitory activity at the original concentration, H89, a PKA-specific inhibitor was also used. Although H89 increased basal PCREB, significant OA-mediated activation was still demonstrated (Fig. 5). Together with the fact that the lower BIS concentration still showed full inhibition of CREB activation, this demonstrates that PKA is not primarily responsible for OA-mediated CREB activation. Full inhibition with 1 $\mu\text{mol/L}$ BIS also suggests that an atypical PKC isoform is not responsible. Activation was also not fully inhibited by any of the isoform-specific typical PKC inhibitors used. Although activation in the presence of Go6976 and rottlerin did not achieve statistical significance, there is a strong trend toward OA-mediated CREB activation in the setting of PKC α/β inhibition with Go6976 and a weaker trend with rottlerin-mediated PKC δ inhibition, suggesting that these isoforms are not fully responsible for OA-mediated activation. No activation was seen after pretreatment with HBDDE; but this inhibitor alone induced a dramatic NEFA-independent activation of CREB, suggesting that PKC γ has a basal inhibitory effect on CREB phosphorylation. Although it is impossible to rule out complex multi-isoform effects on CREB, these experiments suggest, but do not prove, that a novel PKC isoform(s), possibly ϵ , is responsible for OA-mediated CREB activation. This is consistent with the literature suggesting NEFA-mediated activation of atypical and/or novel PKC isoforms in VSMC [8,35], but further studies are needed to identify the exact PKC isoform involved in NEFA-mediated CREB activation.

4. Discussion

Vascular smooth muscle cells are dynamic cells that are able to undergo a transition to an actively proliferating state

in response to injury. This transition, although important for healing, can also be pathologic and contributes to atherosclerosis. A large body of literature supports the expectation that this important transition is a carefully regulated process and that injurious environmental factors induce opposing cytotoxic and cytoprotective pathways (“Introduction”). Cyclic adenosine monophosphate response element binding protein is known to have cytoprotective, antiproliferative, and differentiating effects on multiple cell types, including VSMC [18–23]. As dedifferentiation, proliferation, and death of VSMC are involved in lesions in cardiovascular disease (CVD), we have investigated the effects of NEFA exposure on CREB activation in VSMC. We have made the novel observation that multiple classes of NEFA, previously known to activate mitogenic signaling pathways, also acutely activate CREB. This activation is dose dependent, with different NEFA varying slightly in their dose dependence. We also observe that exposure to a panel of NEFA acutely and transiently activates ERK MAPK, P38 MAPK, JNK MAPK, and PI3K pathways as expected from previous literature. Most intriguingly, activation of CREB by NEFA is regulated by signaling events that are completely distinct from ROS generation and ERK activation. To our knowledge, this is the first report of NEFA-mediated induction of a pathway with antiproliferative, antiapoptotic, prodifferentiation potential and of distinct, alternate signaling to differentiating and activating pathways in vascular cells.

In a free-living setting in insulin-sensitive individuals, circulating concentrations of NEFA (or lipoprotein-delivered concentrations of NEFA to the vessel wall) are highly variable and dependent upon fed vs fasted states. Normal physiologic NEFA levels are highest in the fasted state (about 300–600 $\mu\text{mol/L}$) when lipolysis is activated and are suppressed to less than 100 $\mu\text{mol/L}$ in the fed state [36]. This is in contrast to conditions such as insulin resistance or type 2 diabetes mellitus where NEFA delivery is chronically high with fasting levels as high as 1500 $\mu\text{mol/L}$ and incomplete suppression in the fed state [37]. We were intrigued to observe that, with a single exposure to NEFA, activation of CREB and other signaling pathways is transient. Recurrent and possibly higher magnitude of NEFA activation of these pathways occurs with repetitive exposure as might be seen in vivo with feeding and fasting cycles leading to fluctuating NEFA delivery (high during fasting and low postprandially). Thus, downstream effects of these signaling pathways and of increased CREB activity may tend to accumulate with time. The ultimate phenotypic outcome in terms of a balance between VSMC activation/toxicity vs differentiation/normal function will necessarily depend on the balance of pathways activated. This balance will also affect the context in which cells respond to other stimuli, thus providing a mechanism, for example, for NEFA effects on VSMC response to angiotensin II [7,32]. In diabetic and insulin-resistant individuals where NEFA levels tend to remain high, the balance of activating and protective pathways may be quite different. As is seen in other environmental responses (eg,

β -1 and β -2 adrenergic response and insulin signaling [38,39]), chronic stimulation of these pathways may lead to differential down-regulation of pathway components. Previous work from our laboratory demonstrates that CREB protein is, in fact, down-regulated in VSMC in vitro in response to the chronic metabolic or oxidative stress [25,26,29] and in the vascular media of several different rodent models of vascular disease and metabolic stress including insulin resistance, diabetes, obesity, hypoxia, aging [24,25], and high-fat-fed low-density lipoprotein receptor-deficient mice (unpublished results). This loss of the differentiating pathway under chronic stress may shift the balance toward VSMC activation in conditions of chronic NEFA elevation such as diabetes and metabolic syndrome and may contribute to the increased atherosclerosis associated with these conditions.

Finally, we find that CREB activation by NEFA exposure occurs by a mechanism distinct from that of the NEFA-mediated ERK activation implicated in proliferation. Cyclic adenosine monophosphate response element binding protein phosphorylation in response to NEFA is unaffected by the antioxidant NAC, whereas ERK activation is completely blocked. Thus, CREB activation occurs independently of ROS, whereas ERK activation is entirely dependent on ROS. The novel observation that CREB activation is not affected by antioxidants appears to implicate parallel and distinct cytoprotective and cytotoxic postreceptor responses to NEFA exposure.

Our observations using pharmacologic inhibitors of PKC and PKA demonstrate that PKC is essential for NEFA-mediated CREB phosphorylation. Interestingly, this pathway does not appear to be important for NEFA-mediated ERK phosphorylation. To better delineate the specific PKC isoform contributing to CREB activation by NEFA, we used a battery of isoform-specific pharmacologic inhibitors. The many PKC isoforms identified to date have been grouped into 3 categories: conventional, novel, and atypical. One micromole per liter BIS, reported to inhibit conventional and novel, but not atypical, PKC isoforms, blocks CREB activation. As specific inhibitors of the conventional PKC isoforms do not appear to inhibit NEFA-mediated CREB activation, our studies implicate a novel PKC (PKC δ , ϵ , η , θ , or μ) in this process. In fact, VSMC expression and a role in control of proliferation, apoptosis, and migration for PKC δ and ϵ have been well documented in the literature [40–45].

Studies in the literature implicate ROS in the activating effects of OA and LA on VSMC [6,8,32]. Lu et al [6] find that ROS are essential for the activation of the ERK pathway and for increased proliferation in response to OA. Our results corroborate their observations in that antioxidant does eliminate ERK activation by all classes of NEFA. They also find that PKC activation is required for stimulation of total MAPK activity and for increased proliferation [8]. Interestingly, we find that PKC inhibition stimulates ERK phosphorylation. This discrepancy could be explained by the detection of MAPKs other than ERK by their assay that

measures ^{32}P incorporation into myelin basic protein. Alternatively, or in addition, the discrepancy could reflect interspecies differences between rat and bovine VSMC, a possibility supported by our preliminary proliferation data (Schauer, unpublished results). The published observation that PKC activation is required for NEFA-stimulated proliferation is not necessarily at odds with our results. Activation of CREB via PKC would be expected to have antiapoptotic effects that could appear to enhance the proliferative effect seen in their studies.

Dietary studies have implicated diets rich in certain NEFA as instrumental in increasing CVD risk (n-6 PUFA) and others as protective (n-3 PUFA, monounsaturated fatty acid) [46–48]. A priori, one might have expected that beneficial NEFA either would be less toxic and thus induce less CREB phosphorylation or would exert their beneficial effects by inducing more CREB activation and cytoprotection. This does not appear to be the case in vitro. α -Linolenic acid, the most potent activator of CREB phosphorylation, is the most abundant plant n-3 PUFA and, therefore, the most abundant dietary n-3 PUFA in a typical diet, but is not highly represented in serum fatty acids (consisting of both NEFA and lipoprotein-bound, triglyceride-associated fatty acids). In 6 subjects in a German study, saturated fatty acids are the most abundant at 54% of total (PA, 27%; stearic, 22%), with OA next at 24%, LA at 10%, and n3-PUFA at 1% (predominately eicosapentaenoic acid) [49]. An analysis of skeletal muscle FA reveals that LnA is also not abundant in skeletal muscle cell membranes. Linoleic acid at about 30% of total membrane fatty acid is the most abundant, with OA, PA, and arachidonic acid next at about 12 to 15% each. Docosahexaenoic acid is the dominant membrane n-3 PUFA at 2.3% [50]. With the exception of DHA, our data would suggest that the potency of CREB activation by NEFA is inversely related to its usual abundance in the serum than with its apparent CVD association. The lower degree of activation of CREB by DHA could reflect decreased VSMC toxicity of DHA.

In summary, we find that VSMC respond to NEFA exposure by inducing both activating and cytoprotective pathways and, interestingly, that induction of these pathways occurs via distinct signaling pathways. These studies and the existing literature are consistent with the hypothesis that elevated NEFA levels of diabetes and metabolic syndrome impact VSMC phenotype. More studies are needed to understand fully the complex effects of NEFA on intracellular signaling and gene regulation in VSMC.

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